



# NATIONAL VETERANS GOLDEN AGE GAMES

## \* FREQUENTLY ASKED QUESTIONS \*

Q. What is the National Veterans Golden Age Games?

A. The premier senior adaptive rehabilitation program in the United States, and the only national multi-event sports and recreational seniors' competition program designed to improve the quality of life for all older veterans, including those with a wide range of abilities and disabilities. The Games serve as a qualifying event for competition in the National Senior Games in a number of competitive events every even numbered year (2008, 2010, etc.).

Q. Who can participate in the Games?

A. Participation is open to military veterans age 55 or older who receive health care at any VA medical facility.

Q. When is the National Veterans Golden Age Games?

A. The Games will be held June 1-5, 2009.

Q. Where is the National Veterans Golden Age Games taking place?

A. The Games will be held in Birmingham, Alabama. Visit <http://www.birminghamal.org> for more information about this city in the South with true charm and hospitality.

Q. How can I sign up?

A. Visit [www.veteransgoldenagegames.va.gov](http://www.veteransgoldenagegames.va.gov) to print a registration package or visit your Veterans Affairs medical facility for more information. All registration packages should be completed and mailed to the address provided on page 6 in the package.

Q. What is the deadline for registration?

A. **March 31, 2009**

Q. Is there funding available for veterans attending the National Veterans Golden Age Games?

A. Contact the Veterans Affairs medical facility from which you receive care or a local Veterans Service Organization (VSO) for additional information.

Q. I have specific questions about event rules and competition.

A. Please refer to the 2009 National Veterans Golden Age Games Rule Book. This information can be found under the Event Rules tab on the Games Web site [www.veteransgoldenagegames.va.gov](http://www.veteransgoldenagegames.va.gov).

Q. What do I need to bring with me to the event?

A. Competitors should bring clothes for layering, tennis shoes, hat, sunscreen, sunglasses, **medication**, personal identification and personal equipment (i.e. golf clubs, bowling ball).